

Dear Parent/Carer

RE: Relationships and Sex Education (RSE) June 2019

Over the next few weeks, we will be delivering RSE to all students in Years 7, 8 and 9. As you know, RSE is a part of the PSHE curriculum. We are fortunate enough to have a number of outside agencies joining us to deliver these sessions as well as some of our own members of staff. Outside agencies include Staff Nurses from Sheringham, Police officers from our Safer Neighbourhood Team as well as a team of experts from UEA and the Matthew Project. We are aiming to explore how to stay safe on-line, healthy relationships as well as aspects of sex education. Students in Years 8 and 9 will have a presentation on the dangers of 'County Lines' and Year 9 will also work on looking after their own mental health.

As a school, we believe that RSE needs to be enjoyable, informative and delivered in a safe environment where young people can feel confident about discussing issues concerning their personal development. As a successful School, we try to help our students to reflect upon the many and varied areas covered in RSE and, as such, we aim to:

- create a safe environment for RSE;
- allow young people to identify their hopes and dreams for the future;
- develop strategies to help them to keep safe physically and emotionally;
- consider their own desires and needs, and those of others to develop healthy relationships;
- provide the opportunity to develop personal and social skills;
- provide opportunities for reflection on their own personal values and attitudes held toward others.

If you have any concerns or worries about the programme, or if you wish to discuss any aspect of it, please do not hesitate to contact the School.

As a parent/carers, you have a legal right to withdraw your child from any non-statutory RSE lessons (those that do not fall within the Science National Curriculum). The Key Stage 3 Science National Curriculum covers the following:

- physical changes in adolescence;
- human reproduction, including the menstrual cycle and fertilisation;
- development of the foetus in the uterus;
- the growth and reproduction of bacteria and how viruses can affect health.

You also have a legal right to a free copy of the school RSE policy. To obtain a copy please go to our website. You will find our RSE policy under NNAT policies.

If we do not hear from you, we will assume that you are willing for your child to take part in the programme.

Yours sincerely,

Mrs Jayne Melhuish
Deputy Headteacher