



Careers Advice

Guidance

Counselling

Support

Empower

Assist

Listen

Encourage

Open Doors

Build independence





KEEPING YOU SAFE AT SHERINGHAM HIGH SCHOOL

Mrs Melhuish, Tash, Mrs Ransome and Dr Richardson are the staff trained to ensure you are safe.

If you are worried about any aspect of your personal safety or know anyone at risk, please see one of them urgently.



Student Support Services

Student Managers do not teach and are therefore available throughout the day to support students with any issues.

They are highly experienced and are able to deal with the vast majority of concerns raised by students.

They work very hard and are always prepared to go the extra mile to ensure that students are well supported.



STUDENT SUPPORT

YOUR STUDENT MANAGERS ARE:

Mrs Cooke

CARTER

Mr Bonsra

NELSON

Mr Myhill

SEWELL

Mr Hunte

CAVELL





NEED TO SHARE A PROBLEM?



**Go along to see your Student Manager before school,
at break or lunchtime and they will listen and try to
support you.**

If they can't help, they will refer you to someone who can!

**THERE'S ALWAYS A SOLUTION TO A
PROBLEM!**



Mrs Ransome, the Learning Support Unit Manager works very closely with the Student Managers to offer advice and support to staff, students and parents.



Medical Help from the
School Nursing Service

ChatHealth
07480635600



**MENTORING AVAILABLE IN SCHOOL
FROM
PETE**

**Speak to your Student Manager
or Mrs Ransome
if you'd like to speak to
PETE
in confidence.**



Pete is a highly skilled youth worker who works for the Lighthouse but finds the time to come into school and meet with young people who feel the need to have the opportunity to discuss particular concerns, ranging from bereavement to emotional issues such as anger management.



Your careers adviser is

TASH DRURY

**For expert careers advice,
make an appointment to see Tash,
e-mail her, or find her in the LSU at break or
lunchtime.**

She can also help with personal issues.



Tash Drury is the School's careers and personal advisor. She offers guidance and support about future career plans ranging from option choices at the transition from Key Stage 3 to 4 as well as 'A' level choices and university applications.

Tash supports students to consider career choices on an individual basis but is also available to meet with parents.

Tash is a highly experienced member of our team and is available to work with students experiencing personal difficulties too.



We are also fortunate to have Kirsten Hill, our Parent Support Advisor for the school in the Sheringham Cluster.



SPECIALIST COUNSELLING IS AVAILABLE FROM LYNN OR ARIANE

**If you think you need specialist help, speak with
Tash.**

She will advise you on the best support for you.





Unfortunately some young people need professional counselling because their personal circumstances are such that they need specialist support.

We are very fortunate to have our own school counsellors; Lynn and Arianne are available to see students two mornings a week.

They are both very experienced and highly skilled.



Help us to help you;

- **Talk to us if there's a problem – a student manager, a prefect, or an adult in school you trust**
- **Be in the correct uniform**
- **Be punctual**
- **Be in the right place at the right time**
- **Follow the rules at break and lunchtime**
- **Be kind and courteous to everyone**
- **School Council**



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